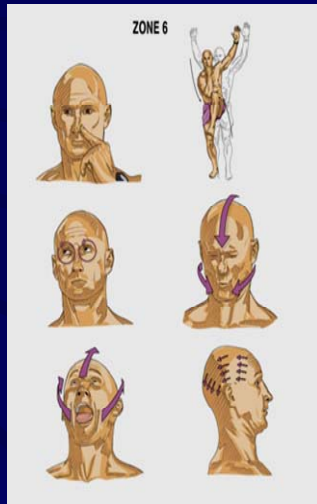
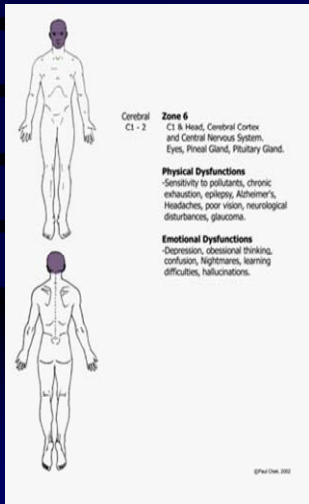


Zone Exercises

For Stress Reduction



Is Your Digestive System Healthy?

